

# *The 3 R's: Rules to Live By*

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### Rules to Live By

#### Re-Use Tips

Region 1: Cape Breton

Region 2: Eastern

Region 3: Northern

Region 4: Halifax Regional Municipality

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Region 6: South Shore

Region 7: Western

First, try to **reduce** the amount of things, and packaging, you purchase. Rent or borrow items if they are used only for a brief time. Buy quality, long-lasting items if possible.

Second, find **reuses** for your things. If you can't use your stuff, perhaps someone else can. Sell, lend or give it away.

Finally, try to **recycle** your stuff. Find out if it is accepted at Enviro Depots or by your local Blue Bag (curbside pickup) program.

This guide depends on your input to stay up-to-date. If you know of a waste reduction resource in your area, or if you see a listing here that is no longer current, please **contact** us.

## Reuse Tip: The Freebox

Be creative. One good idea is a "Free Box." Place a box marked "Free" in your

hallway, porch, school, student residence, workplace, etc. Fill it with your used stuff and watch it disappear.

## **Charities and Community Organizations**

Shelters, churches, aftercare agencies, youth agencies and other non-profit organizations may accept clothing, furniture and other times to assist those in need. Check the telephone Yellow Pages under "Social Service Organizations," "Churches," and "Charitable and Non-Profit Organizations."