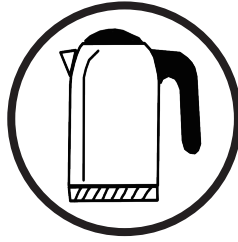
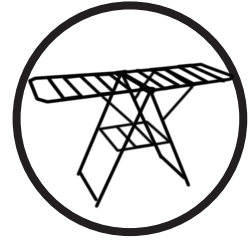


A toaster oven uses up to 50% less electricity than a conventional oven when cooking small meals. Since many meals do not require a full-size oven, using a toaster oven can reduce the cost of cooking your meals. A toaster oven can also save you time, because it does not take as long to preheat.



When you boil water on the stove top much of the heat escapes into the surrounding air. An electric kettle has the heating element in the water, so it loses less heat and saves you money. Many kettles have an automatic shut-off, so they will never boil longer than necessary.



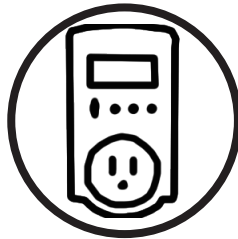
It costs the average Nova Scotian about \$120 per year to use a clothes dryer. If you use the drying rack for even half of your laundry loads you can save \$60 per year. Hanging your clothes on the drying rack will help them last longer, and the sun can give them a natural fresh scent for free.



# Energy Saving Tips



LED bulbs use 75% less energy than incandescent light bulbs -- they will save you money. LED lightbulbs last up to 25 times longer than incandescent lightbulbs, which means less standing on chairs and ladders to replace burnt-out bulbs.



An energy monitor helps you realize how much electricity your appliances are using. For example, plugging your refrigerator into the energy monitor will show you how much electricity it uses. You can use energy monitor information to compare your appliances to others on the market.



By installing a foam gasket between the switch plate and the wall you can reduce the amount of air leakage, which helps keep heat in your home. If you want to seal more of your switch plates and outlets, you can find gaskets at most hardware stores.

