



FUEL EFFICIENT DRIVING TIPS

BECOME AN EFFICIENT DRIVER

- cut your fuel use by **25%**
- save over **\$500** per year

Save money at the pump, avoid costly car repairs, speeding tickets & insurance hikes, and prevent unnecessary wear on your vehicle all while improving the health of your community.

EFFICIENT DRIVING TECHNIQUES

Plan your trip. Plan your route to combine errands, avoid backtracking, traffic congestion, road construction and trouble spots.

Accelerate gently. Gently accelerate to 20 km/hr over 5 seconds and consume 15% less fuel.

Maintain a steady speed. Varying your speed uses more fuel.

Avoid high speeds. Driving 100 km/hr uses 20% less fuel than 120km/hr.

Coast to slow or stop. Anticipate traffic slowdowns or stops. Save fuel and money from brakes and tire maintenance.



IDLE MANAGEMENT

Idling is wasteful.

Every 10 minutes of idling wastes fuel, between 2-4 litres per hour.



Idling pollutes the air.

Exposure to air pollution contributes to respiratory diseases.

Idling affects children. Children breathe faster and inhale more air per pound of body weight.

Idling wastes money. If 1,000 Nova Scotians stopped idling by 3 minutes per day they would save 33,000 litres of fuel and 75,000 kg of greenhouse gas emissions a year.

Idling does not warm your vehicle. The best way to warm up a vehicle is to drive it.

Turn it off. Idling longer than 10 seconds burns more fuel than turning off and restarting your vehicle.

KNOW THE IMPACT OF YOUR IDLING

ENGINE SIZE	FUEL BURNED PER HOUR	GHG EMISSIONS (GAS / DIESEL)
2 litre	1.2 litres	2.8 kg / 3.2 kg
3 litre	1.8 litres	4.1 kg / 4.9 kg
4 litre	2.4 litres	5.5 kg / 6.5 kg
5 litre	3.0 litres	6.9 kg / 8.1 kg
6 litre	3.6 litres	8.3 kg / 9.7 kg



GENEROUSLY SUPPORTED BY

